

# CirKidz!!!!!!

On Tuesday the 18<sup>th</sup> Wharminda primary school went to Adelaide to go to CirKidz. CirKidz is a place that you learn how to do circus tricks, but it's not just about the circus it's about teamwork, encouraging, trying your hardest and just having fun. Do you think famous jugglers or lion tamers or another person get to the top without encouragement, I don't think so. So that's why it's there to teach kids to work together, have fun and always encourage people.

Some of the things that you do at CirKidz are: Juggling, type rope walking, the tissue, trapezes, human pyramid, the roller bowler and the roller, hula hoops, the Devil sticks, rolls and the magic ball. With Juggling we had try three different ways of juggling. We used cloths, juggling balls and magic balls. Type rope walking was a lot of fun, it was about 30cm off the ground and there was wire. You had to put the wire between your big toe and the toe next to your big one; we had to do all kinds of tricks on it. Next there was the tissue, now the tissue not something what you blow your nose on its two big pieces of material hanging from the ceiling with a big knot in it. You had to sit in it and try and spread the material out. Then she spun you around, when you hopped out you were so dizzy. With the Trapezes activities we had to climb the rope and stand up and then sit back down and hop off. We did that twice with two different ropes. Then there was the human pyramid you needed three people. One got on there fours, the other one had to stand up and put there hands on the persons shoulders whose on there fours. Then the other one stands on the persons back. Then they put there hands on the person whose standing up shoulders. The roller bowler is just a tube that has a board on top of it and somebody stands on it and you hold your partners hands. Then with the roller it's just a tube but you walk on it. With the hula hoops we did all kinds of tricks. We had to do one that the hula hoop spins around your wrist and you change hands, or there was the normal one that you just had to spin it around your body, or you had to do it around you foot. The foot trick was very hard only Natasha and I could do it. Then there were the Devil sticks you could do all kinds of tricks with them. The devil sticks were two sticks and there was one stick with string at the end of one, you hold the two plan ones in different hands then you put the string one on top of them. Some of the tricks were rolling it up and down your arms, throwing it up, flipping it and there was a very tricky one that you had to roll it up your arms, and then tuck it in your neck, then cross over the two sticks behind your back, then throw it up and untangle yourself and catch it. At the very start we had to do warm ups and rolls. One of the warm ups was port and starboard, and the

rolls were summersaults, normal rolls and with one you had to tuck your legs into your chest and roll (it's really hard.) Last of all there was the magic ball, you had to pretend it had powers and after that we played a game with the magic balls.

My most favourite activity was the devil sticks and the hula hoops. I liked the Devil sticks because I've never seen them before and I never new I could do tricks like that. I liked the hula hoops because I was able to spin them around my foot. It was very hard to do but I could do it!

It was a great experience and one day I would like to go again.

