



WHARMINDA PRIMARY SCHOOL

‘It takes a community to educate a child’

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Term 2

Week 10

FAMILY NAME

2008

DIARY DATES

JULY

Thu 4th

Port Neill Visiting / Fiesta

9.30am - Junior Primary visiting

Verran Cemetery.

Upper Primary sharing their research presentations in the library.

11.05am - Recess

11.35am - Short Assembly in the library.

11.45am - Mexican Fiesta - Junior Primary students reading folktales, demonstrating the Mexican Hat Dance and taking in turns to hit Piñatas.

1.00pm - Lunch - Tacos

1.45pm - Paired reading in library.

Fri 4th

End of Term 2

Early Dismissal 2.30pm

Casual Clothes

Mon 21st

Beginning of Term 3

OTHER NOTES/INFO

Term Dates - 2008

Term 3

21/07/08 - 26/09/08

Term 4

13/10/08 - 12/12/08

Hola everyone,

The end of term is here and what a wonderful fun filled term it has been. The students have been engaged in their learning all term. This is due to breaking up our everyday routines with some stimulating activities and outings. Our walls are filling up with wonderful displays of the students learning that has occurred this term. Some of which are the students recounts and photos of the ‘Cultural Trip’ to Adelaide and our colourful Chinese dragons, which we made on our visit to Pt Neill School.

Last week we attended swimming lessons at the Pt Lincoln Leisure Centre. The instructors were excellent and they too were impressed with our student’s ability to concentrate for the entire one hour lessons. The older students worked hard at improving their stroke techniques and many laps were swum. The highlight was learning Butterfly and wearing flippers. The younger students gained confidence in water out of their depth and practised freestyle and backstroke. Thanks must go to the parents that transported our students to and from Pt Lincoln. Without the continual support of our parents these types of excursions would not happen.

Tap dancing has come to an end but I hope all the students will continue to practise their steps at home. Next term in the ‘Active After School Programme’ we will be developing some skills required to play softball. Hopefully after a few lessons of skill building we will be able to have a game. We welcome Shauna Paxton back to Wharminda School again as the softball coach.

We are looking forward to the visit from the Pt Neill School on Thursday. The Upper Primary students will be sharing their Power Point presentations on their chosen country. The Lower Primary students will be taking the bus to the Verran Cemetery to place flowers on the graves as part of our studies of the Mexican Culture. Mexicans celebrate ‘The Day of the Dead’ by remembering their loved ones that have passed away. They visit the cemetery, display pictures of departed love ones, have a parade where they carry skeletons and coffins and finally they have a fiesta where families get together, share food and dance. On returning to school we too will have a fiesta. Families and community members are most welcome to join in. Lunch will be provided.

On Friday there is early dismissal for end of term and the tradition is that students wear casual clothes. I dare not break tradition! The staff at Wharminda would like to wish everyone a restful and safe holiday and we look forward to term 3, which is sure to be as rewarding as the last two terms.

Adios

Louise McDonough

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A letter from our sponsored child Osvaldo Sanchez in Mexico

Dear sponsors from Wharminda Primary School,

I hope this letter finds you happy and in good health. My family and I are doing well and I want you to know that I was so happy to get seven letters from all of you and I also got two photographs.


It was great to hear from all of you. Thanks Adam, Mikaela, Joel, Jonathan, Mackenzie, Brayden, Bradley, Amy and Fletcher for writing to me and I wish you the best for you and your families.

The weather over here is getting fresher because we have and some rain. We pray for you and ask God to bless and take good care of you and your family.


I say farewell for the moment. I look forward to hearing from you soon.

Your sponsored child who loves you so much, Osvaldo.

(This letter was written by Osvaldo's Aunt, Maria)




**100 Nights Reading
Amy**




**75 Nights Reading
Mackenzie and
Fletcher**

Joel

**25 Nights Reading
Jonathan**



**Keep up the
great reading!**

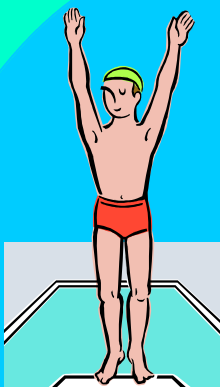
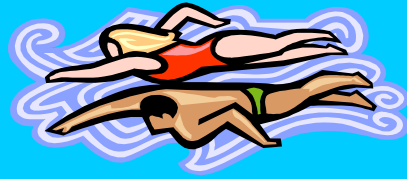


MATHS AND ENGLISH COMPETITIONS

The University of New South Wales Mathematics and English Competitions for year 3-7 students will be coming up next term. If you do not want your child to participate please contact Mary at the school.

There is a small fee involved.

Swimming Lessons



Port Neill's Bay to Bay Fun Run is on again!!

This year it will be bigger and better. There will be a 5km & 12km course. The Port Lincoln Triathlon Club have put it up on their website this year. It will be held on Sunday, September 21st. This gives you 12 weeks to get fit and have a go. We have downloaded the recommended training schedule from the Adelaide City to Bay website for the beginners. Put this on your fridge and give it a go!

WEEK 1

Sunday	20 min run/walk
Monday	OFF
Tuesday	20 min run/walk
Wednesday	20 min run/walk
Thursday	OFF
Friday	25 min run/walk
Saturday	20 min run/walk

WEEK 2

Sunday	25 min run/walk
Monday	OFF
Tuesday	5 x 100m race pace, 30 secs recovery between runs
Wednesday	25 min run/walk
Thursday	OFF
Friday	5 x 100m race pace, 30 secs recovery between runs
Saturday	25 min run/walk

WEEK 3

Sunday	25 min run/walk
Monday	OFF
Tuesday	5 x 100m race pace, 30 secs recovery between runs
Wednesday	25 min run/walk
Thursday	OFF
Friday	5 x 100m race pace, 30 secs recovery between runs
Saturday	25 min run/walk

WEEK 4

Sunday	30 min run/walk
Monday	OFF
Tuesday	8 x 100m race pace, 30 secs recovery between runs
Wednesday	30 min run/walk
Thursday	OFF
Friday	8 x 100m race pace, 30 secs recovery between runs
Saturday	30 min run/walk

WEEK 5

Sunday	4km run (Race pace)
Monday	10 x 100m race pace, 30 secs recovery between runs
Tuesday	25 min run easy
Wednesday	30 min run easy
Thursday	5 x 200m race pace, 1 min recovery between runs
Friday	OFF
Saturday	25 min run easy

WEEK 6

Sunday	5km run (Race pace)
Monday	10 x 100m race pace, 30 secs recovery between runs
Tuesday	30 min run easy
Wednesday	25 min run easy
Thursday	5 x 200m race pace, 1-min recovery between runs
Friday	OFF
Saturday	25 min run easy

WEEK 7

Sunday	5km run (Race pace)
Monday	12 x 100m race pace, 30 secs recovery between runs
Tuesday	25 min run easy
Wednesday	20 min run easy
Thursday	8 x 200m race pace, 1 min recovery between runs
Friday	OFF
Saturday	30 min run easy

WEEK 8

Sunday	5km run (Race pace)
Monday	15 x 100m race pace, 30 secs recovery between runs
Tuesday	30 min run easy
Wednesday	20 min run easy
Thursday	10 x 200m race pace, 1 min recovery between runs
Friday	OFF
Saturday	30 min run easy

WEEK 9	Sunday	6km run (Race pace)
	Monday	15 x 100m race pace, 30 secs recovery between runs
	Tuesday	30+ min run easy
	Wednesday	25 min run easy
	Thursday	12 x 200m race pace, 1 min recovery between runs
WEEK 10	Friday	OFF
	Saturday	30+ min run easy
	Sunday	7km run (Race pace)
	Monday	20 x 100m race pace, 30 secs recovery between runs
	Tuesday	30+ min run easy
WEEK 11	Wednesday	25 min run easy
	Thursday	15 x 200m race pace, 1 min recovery between runs
	Friday	OFF
	Saturday	30+ min run easy
	Sunday	7km run (Race pace)
WEEK 12	Monday	20 x 100m race pace, 30 secs recovery between runs
	Tuesday	30+ min run easy
	Wednesday	25 min run easy
	Thursday	15 x 200m race pace, 1 min recovery between runs
	Friday	OFF
WEEK 12	Saturday	30+ min run easy
	Sunday	8km run (Race pace)
	Monday	20 x 100m race pace, 30 secs recovery between runs
	Tuesday	15 x 200m race pace, 30 secs recovery between runs
	Wednesday	40 min easy run
WEEK 12	Thursday	15 x 100m race pace, 30 secs recovery between runs
	Friday	OFF
	Saturday	OFF